

23 October 2020

FROM THE INVISIBLE

Yes...social change comes from social action

Voting, policies, systems

The grand scales

Yes...VOTE!

But Consciousness

Though invisible

Is also alive

Powerful

And the substance of all those outer things

Consciousness is You and Me

All my family, whether I like them or not

All my neighbors, whether I like them or not

All our history

Invisible, present

In our bodies, our dreams

The air we breathe

The fights that have us

The distance we keep to try to prevent the hurt

That is all of us

And makes up everything

Everything

Ev-er-y-thing

The more we bow down to that

Believe in that

The more we make contact with the Invisible

The more Life will thank us

The more we will be able to breathe again

Sleep at night

The more those dark circles will clear

I love you Dear Creatures

All of you

All. Of. You.

You are my blood, my water, my tears

You are my food

Without you, there would be no me

I am caressing your weary heads

The tears you make sure no one sees

The shame you try desperately not to feel

I am with you now

In the Invisible

Through time and space and distance

We are together

Together

And you feel me

Even if you barely notice what you are feeling

You feel held

Soothed

You sigh...a surprising opening of relief

And you too

Somehow

Find yourself feeling...

Feeling

Feeling for Life

Feeling for the Whole of us

And you want to reach out

Your arms

And pull the Whole of us

Into the Center of Love

That mysterious Center

We draw all of our loved ones into

No matter time, culture, place

The Center that unites across all divides

And we turn towards each other

Like the Farmer turns toward their budding sprout

How can I care for you?

How can I protect you from harm

Ensure your growth

And eventually stand in awe of your flourishing?

Doing so will feed us all

And honor

This Miracle we call Life

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